



**La Clínica**<sup>SM</sup>

a california *health+* center

# Your Career in Behavioral Health at *La Clínica de La Raza*



## **Our Mission and Purpose:**

*Improving the lives of the diverse communities we serve*

# Behavioral Health Services at *La Clínica de La Raza*

*El Centro de Salud Mental* (The Center for Mental Health) was founded in 1973 as a partnership of concerned community leaders and local university students in response to the community's need for culturally appropriate behavioral health services for the Latinx community. Forty-six years later, Behavioral Health services are offered in clinic, school and community settings. Now, *nuestro equipo* (our team) is comprised of peer educators, case managers, MSW's, LCSW's, AMFT's, MFT's, PhD's, PsyD's, DrPH, MD's, and NP's. We have four programs that span Alameda, Contra Costa and Solano counties:

1. *Casa del Sol* (House of the Sun)
2. *Casa de Luz* (House of Light)
3. *Cultura y Bienestar* (Culture & Wellbeing)
4. Integrated Behavioral Health

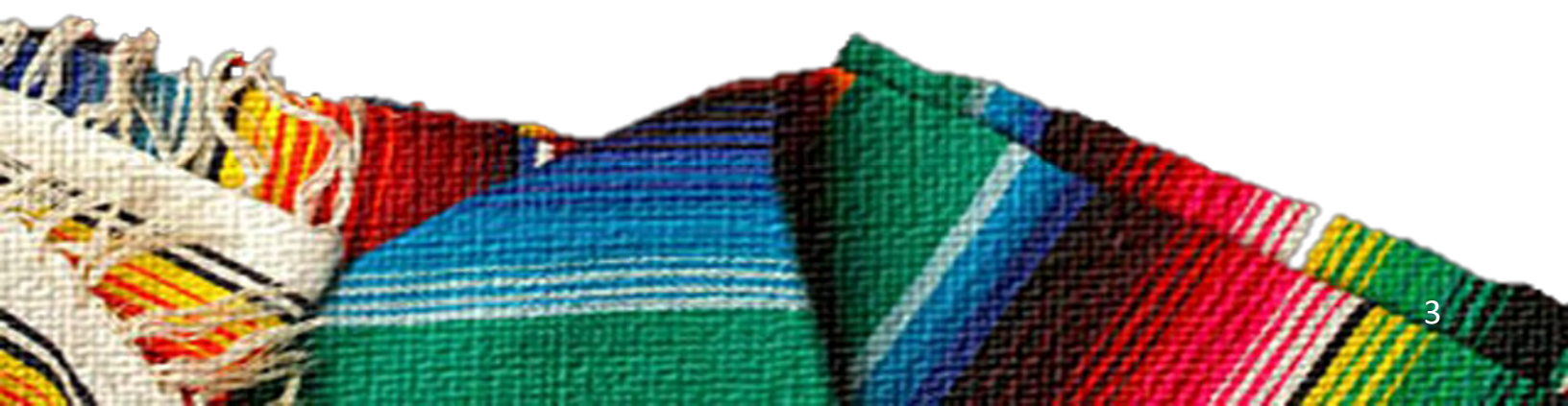
**Our work is rooted in the values of respect, justice and the belief in innate resiliency. Our work is crucial – now more than ever.**



**Come Join Us!**

# Table of Contents

| <u>Section</u>  | <u>Page</u> |
|---|-------------|
| 1. Overview of La Clínica de La Raza  | 4           |
| 2. Behavioral Health at La Clínica de La Raza   | 8           |
| 3. Evidence-Based Practices in a Cultural Context   | 13          |
| 4. The La Clínica Behavioral Health Training Center   | 18          |
| 5. A Career at La Clínica   | 20          |
| 6. Our Generous Benefits  | 24          |
| 7. Support the Training of Behavioral Health Professionals and Programs: The Leslie Preston Memorial Fund | 25          |





# La Clínica de La Raza

## Who We Are

La Clínica de La Raza began in 1971 as a single storefront operation providing medical care in Oakland. Since then, *La Clínica* has grown into a sophisticated provider of primary health care and other services spread across Alameda, Contra Costa, and Solano counties. With a total of 35 locations including service sites, support sites, and administration, we continue to expand our reach in our community. La Clínica delivers health care services in a culturally and linguistically responsive manner to most effectively address the needs of the diverse populations it serves. In 2022, La Clínica served 79,516 patients with a total of 361,348 visits. With over 50 years of experience serving the community, La Clínica is one of the largest community health centers in California.

## Our Mission

The mission of *La Clínica* is to improve quality of life for the diverse communities we serve by providing culturally appropriate, high quality, and accessible health care for all.

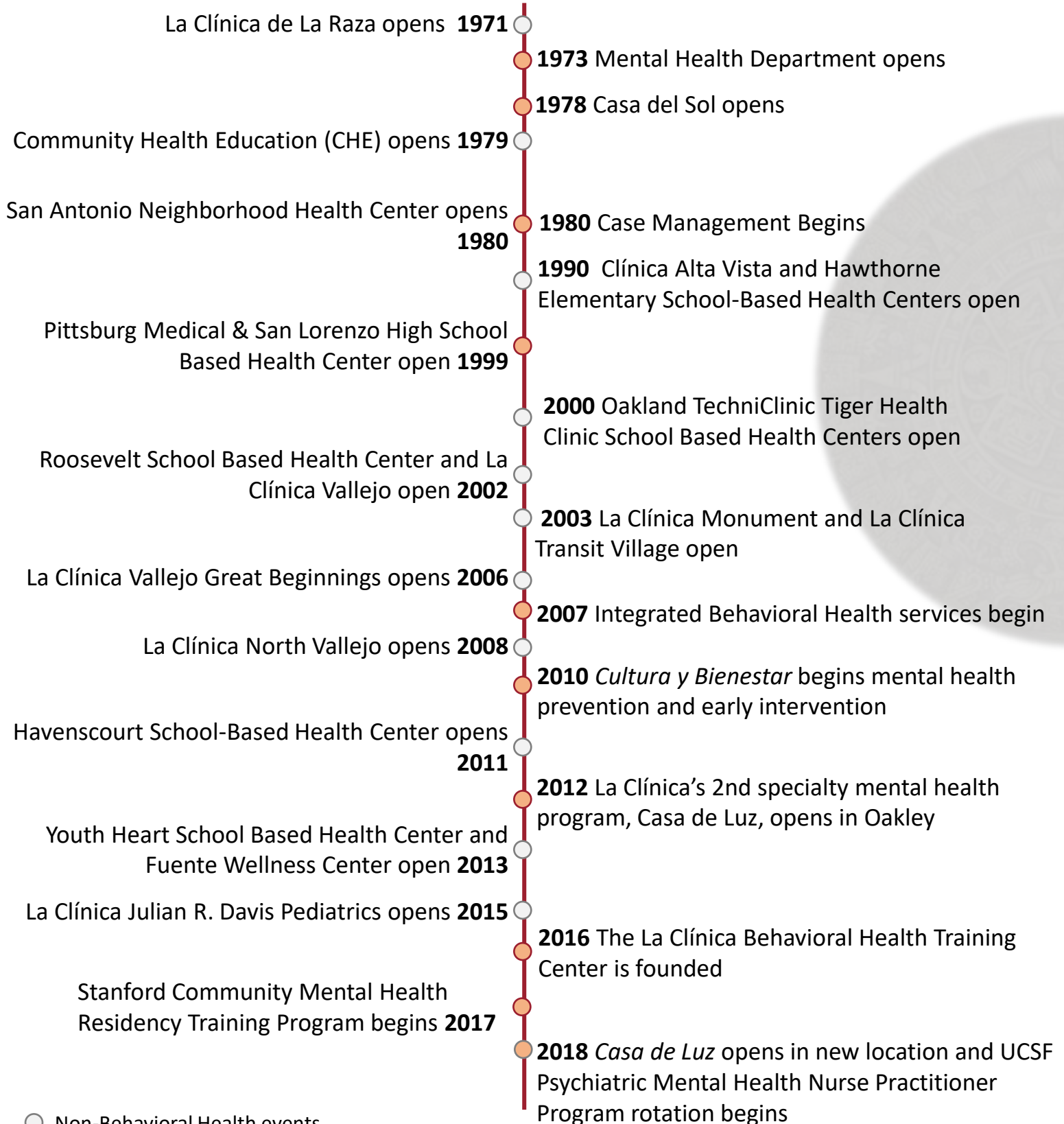
## Our Vision

*La Clínica* is a premier community health center, rooted in the concepts of wellness, prevention and patient-centered care.

## Our Services

- Adolescent Services
- Women's Health
- Case Management
- Prenatal & Postnatal Care
- Preventive Medicine
- Health Education
- Nutrition Education
- Vision and Eye Care
- Behavioral Health
- Medical
- Dental
- Pharmacy
- Radiology
- Laboratory
- Referral Services

# Our History of Service



- Non-Behavioral Health events
- Behavioral Health events

# Mission-Driven Leadership



## Jane García, CEO

Leading our organization of more than 1,150 workforce members is Jane García, MPH, who has been at *La Clínica* for the last 37 years. Ms. García is an advocate and activist with a passion for preserving community health care for all residents regardless of ability to pay. Her commitment to community health care has been recognized on numerous occasions. Most recently she was awarded the “César Chávez Legacy Award.” Ms. García was recognized by the *San Francisco Business Times* as one of the Most Admired CEOs in 2017.



*Jane García receiving the 2019 Alumna of the Year Award from the University of California, Berkeley School of Public Health with Bernard Tyson Chairman and CEO of Kaiser Permanente (right) and Dr. Will Dow, PhD Interim Dean for the School of Public Health at UC Berkeley.*

## Board of Directors

La Clínica de La Raza is governed by a 16-member Board of Directors, 10 of whom are La Clínica patients. The Board of Directors is responsible for governance, fiscal oversight, strategic planning, and institutional advancement of La Clínica. Board members are volunteers and serve without compensation.

# Who We Serve

## Providing High Quality Care to the Underserved in the East Bay Area

La Clínica de La Raza provides high-quality health care services at 35 sites located in Alameda, Contra Costa, and Solano counties of the East Bay Area.

1. La Clínica de La Raza (Fruitvale Village)
2. La Clínica de La Raza Fruitvale Dental
3. Community Health Education (Adult)
4. Community Health Education (Youth)
5. La Clínica de La Raza — WIC Program
6. La Clínica Dental at Children's Hospital Oakland
7. Family Optical
8. Casa del Sol
9. Casa del Sol II\*
10. Casa del Sol III
11. Clínica Alta Vista
12. San Antonio Neighborhood Health Center
13. Hawthorne Elementary School-Based Health Center
14. Oakland Technical High School-Based Health Center (TechniClinic)
15. Fremont High School-Based Health Center (Tiger Health Clinic)
16. Havenscourt Health Center
17. San Lorenzo High School-Based Health Center
18. Roosevelt Middle School-Based Health Center
19. La Clínica Pittsburg Medical
20. La Clínica Pittsburg Dental
21. La Clínica Oakley
22. La Clínica Monument
23. Dental Care Mobile, a Contra Costa Collaborative
24. La Clínica Vallejo
25. La Clínica Vallejo Dental
26. La Clínica Vallejo Great Beginnings
27. La Clínica Vallejo Great Beginnings Support Services
28. La Clínica North Vallejo
29. La Clínica North Vallejo Administrative and Support Services\*
30. La Clínica North Vallejo/Great Beginnings Administrative and Support Services\*
31. Youth Heart Health Center
32. Fuente Wellness Center
33. La Clínica Julian R. Davis Pediatrics
34. La Clínica Dental at Elsa Widenmann Health Center
35. Casa de Luz





# Behavioral Health at La Clínica

## Empathy and Impact

We serve individuals and families who have never been able to access any kind of behavioral health service before. At La Clínica, they will find a clinician who is familiar with the health challenges of their community and who is able to provide culturally appropriate interventions that promote resilience and healing.

## That's who we are, that's what we do.

- We support patients who are affected by a wide variety of psychosocial challenges that disproportionately impact under-served communities.
- We bear witness to stories of struggle and trauma that are told for the first time. We partner to guide towards wellness.
- We support families impacted by immigration, regardless of immigration status. We help them cope with separation by promoting healing and reconnection after separation.
- We support families that have cared for loved ones with serious mental illness in their homes for many years before they sought support. We help them feel less alone and to be more able to support their family members.
- We break down barriers to access by meeting the client wherever they may be – literally – by providing home visits, educational workshops in the community or by walking a client to new services.



# Community Mental Health Services: *Casa del Sol, Oakland, CA*

*Casa del Sol* (House of the Sun) exists to foster a healing, empowering and hopeful environment that provides linguistically and culturally sensitive, holistic and comprehensive services for the community. La Clínica's Community Behavioral Health Department in Alameda County provides, primarily in Spanish, individual and family therapy, group counseling, and psychiatry for children, adolescents, adults and older adults with mental health conditions or co-occurring mental health and substance use conditions.

Programs include Crisis Stabilization, Intensive Services for adults with severe mental health conditions or co-occurring conditions, Intensive services for children and adolescents, families at risk of child abuse/neglect, families impacted by domestic violence/intimate partner violence and/or HIV+ individuals.

## **What brought you to and keeps you at La Clínica?**

*"It has been almost 20 years of intense and challenging work, but it's my dream job. I feel fulfilled and I have a sense of purpose every day at Casa del Sol. I've met the most generous and compassionate people and I've made friends for life."*

**Mariella, MFT**

Behavioral Health Clinician, *Casa del Sol*



# Community Mental Health Services: *Casa de Luz, Oakley, CA*

*Casa de Luz* (House of Light) provides, in both English and Spanish, specialty mental health services for children and their families. Services include case management, outpatient mental health services, and crisis intervention. While services are mainly offered in the clinic, Oakley clinicians also meet clients in their homes, schools, churches or in the community, thus reducing key barriers to access to the right level of care. *Casa de Luz* has strong relationships with the Oakley, Brentwood, and Antioch schools which report positive changes in children because of mental health services. It is a welcoming place, especially designed for children and families.

Since opening in 2012, with the support of Contra Costa Behavioral Health Care Services, the program has provided services to over 1,000 youth and their families. In 2018, Vesper Society supported a move to its own site just across the street, allowing more service offerings. The new site, *Casa de Luz*, was named in honor of La Clínica's late Behavioral Health Director, Leslie Preston, LCSW, in recognition of her instrumental role in establishing an independent site.



# Cultura y Bienestar

## Strengthening Community Connections

*Cultura y Bienestar* (Culture and Wellbeing) is a Latinx-focused Community Mental Health Prevention and Early Intervention program in the San Leandro, Oakland, Hayward, Union City and Livermore area. La Clínica is the lead agency of a collaborative that includes *La Familia* and Tiburcio Vasquez Health Center. We provide Mental Health wellness promotion and prevention activities, primarily in Spanish, and brief early intervention services by bringing Health Educators and Traditional Healers into the community. We engage the community through participation in community events such as *El Día de Los Muertos*, community festivals, Health Fairs, and PTA meetings, among others. One of our guiding principles is “*La cultura cura.*” Our culture cures.

We break cycles of isolation, and provide system navigation support, as well as a safe space for participants to express their traditions. We encourage them to reconnect with the wisdom and the healing properties of their own culture(s). At the same time, we help community members understand behavioral health services, when they are needed, and we challenge stigma associated with them. We help them take the first step.

**Within our program, *somos familia*. We are family.**





# Integrated Behavioral Health (IBH)

Before 2007, like many low-income patients, La Clínica's patients could not readily access behavioral health providers. In 2007, La Clínica became an early adopter of Behavioral Health "Integration" – bringing behavioral health into the primary care or medical setting in order to improve access to behavioral health services, including treatment for our patients. Over the past decade, we have developed a strong team of excellent clinicians who use creative, culturally-appropriate, and evidence-based interventions to provide access to assessment and brief treatment within primary care clinics. Each clinician is a member of an interdisciplinary team of medical providers and medical assistants.

Together, we care for the whole person and focus on both mind and body to patients of all ages in both medical clinics and school-based health centers.

## **What brought you to and keeps you at La Clínica?**

*As an immigrant, bicultural and bilingual individual, it has been very important to me to be part of an organization that I could identify with. I found it in La Clínica with their staff and patient population. I started as an MSW intern in the Integrated Behavioral Health program. During my training, I got to work with different populations while also receiving quality supervision and support. I chose La Clínica to continue my career path because I strongly identify with the community we serve here and because my personal, cultural and professional values directly interconnect with the values of La Clínica's mission.*

**Elizabeth, MSW | La Clínica, Pittsburg**



# Evidence-Based Practices in a Cultural Context

All our programs in Behavioral Health at La Clínica are aimed at reducing disparities in access and outcomes by improving high-quality, culturally appropriate care. We welcome people of all cultures and provide support, psychoeducation, prevention, early intervention, assessment and treatment to our diverse patients. Examples include:

- Acceptance & Commitment Training (ACT)
- Cognitive Behavioral Therapy (CBT)
- Crisis Intervention
- Dialectal Behavioral Therapy Skills Coaching (DBT)
- Medication Assisted Treatment (MAT)
- Mindfulness-based Cognitive Therapy
- Motivational Interviewing
- Problem-Solving Therapy (PST)
- Solution Focused Therapy (SFT)

## California Reducing Disparities Project

In recognition of the significance of community engagement and community-defined evidence-based practices, the California Department of Public Health has included *Cultura y Bienestar* in its statewide evaluation effort to prove the effectiveness of our program in reducing behavioral health disparities among Latinxs and Indigenous families.

*“We envision a California in which all individuals, regardless of race, ethnicity, sexual orientation, or gender identity, receive quality mental health prevention and treatment services delivered in a culturally and linguistically competent manner.”*

**California Disparities Reduction Project**

# School-Based Behavioral Health

To increase access to mental health services, La Clínica has provided culturally responsive services for over 20 years to students of all ages through our School- Based Health Centers (SBHCs) and school-linked services.

## Cognitive Behavioral Intervention for Trauma in Schools (CBITS)

Our school-based clinicians work closely with teachers and school administrators to implement the evidence-based Cognitive Behavioral Intervention for Trauma in Schools (CBITS). La Clínica uses CBITS because it is effective with English- and Spanish-speaking immigrant youth and has been demonstrated to reduce symptoms of post-traumatic stress disorder (PTSD), depression, and general anxiety among children exposed to trauma. Our school-based clinicians serve as a resource for teachers and administrators as they build trauma-informed practices in their schools. Here's what our students say about school-based services and CBITS:

*“It helps me because it’s the only place I can go that’s confidential.”*

*“The health center is great because it's local and helpful. My therapist helped me reduce my stress and family issues.”*

*“This program has helped me a lot. I get better grades and I like to talk to people and feel like myself again.”*



# A Cultural Approach to Mindfulness

*Drumming in Community Circles offers the opportunity to immerse ourselves in the healing vibrations and sounds of ancient therapeutic rhythms with the contributions of indigenous core elements. We teach it because it is perfect for meditation, relaxation, stress relief and spiritual balance.*



**Raul Pacheco**

Mental Health Educator, *Cultura y Bienestar*

**What brought you to and keeps you at La Clínica?**

*"I love being part of a community with the same passion and purpose as me."*

**Claudia, MSW**

Behavioral Health Supervisor, *Casa del Sol*



# ***Dichos Say It Best***

- ✓ **En tus apuros y afanes, acude a tus refranes.**  
In time of need, turn to your proverbs.
- ✓ **No hay mal que por el bien no venga.**  
There is no misfortune that doesn't come with good.
- ✓ **Quien a buen arbol se arrima, buena sombra le cobija.**  
If you lean on a good tree you will be protected by a good shadow.
- ✓ **A palabras necias, oídos sordos.**  
Take no notice of the foolish things people say.
- ✓ **Poco a poco se anda lejos.**  
Little by little one goes far.
- ✓ **Nunca es tarde cuando la dicha es buena.**  
Never too late to do well.
- ✓ **El que la sigue la consigue.**  
If at first you don't succeed, try, try again.
- ✓ **Cada cabeza es un mundo.**  
Each mind is a world unto itself.
- ✓ **Mejor sola que mal acompañada.**  
It's better to be alone than in bad company.
- ✓ **Al que no ha usado huaraches, las correas le sacan sangre**  
It is hard to do things that one is not used to doing.
- ✓ **Más vale tarde que nunca.**  
Better late than never.



# The La Clínica Behavioral Health Training Center

## Culturally Responsive Workforce Development

The Behavioral Health Department of La Clínica de La Raza, formerly known as El Centro de Salud Mental, was founded in 1973 as a partnership between concerned community leaders and local university students. Since then, it has become an innovative training/internship program for hundreds of students at all levels and multiple disciplines, who can join the workforce as culturally responsive behavioral health practitioners.

Over the years, La Clínica's Behavioral Health Training Center (LCBHTC) has expanded their internship opportunities to provide undergraduate and graduate students with paid internships that support them on their behavioral health career journeys. Our internship programs feature culturally responsive training, mentorship, direct practice, and valuable learning experiences. The LCBHTC training emphasizes the knowledge and skills required for culturally responsive, evidence-based, recovery-oriented, and trauma-informed practice in the Latinx community. The LCBHTC is committed to providing students with the skills and experience necessary for their development and providing equitable compensation for their services.

In addition to its training mission, the center (LCBHTC) seeks to capture and disseminate the model of culturally responsive behavioral health services provided by La Clínica such that it becomes part of the canon of community defined evidence. The LCBHTC seeks to inform disparity reduction efforts for Latinos by firmly building upon existing empirical and community defined evidence as well as the collective professional and lived experiences of La Clínica clinicians.



Former intern Karen Gallardo-Cano and *Casa del Sol's* Medical Director, Ricardo Lozano, providing services to a client.

# The La Clínica Behavioral Health Training Center

La Clínica offers supervised internship placements for undergraduate and graduate students across all three counties and in various behavioral health programs.

## Bachelor Level Internships

- Open to all Juniors, Seniors or recent graduates, our internships are a great entry level opportunity for students who are new to the field of behavioral health or want to develop their skills further.
- Participate in trainings like Mental Health First Aid, historical and intergenerational trauma, traditional healing, and many more.
- Observe, shadow, and support our case managers, health educators and clinicians, and lead special projects that serve our community and link patients with resources.
- Engage in mentorship opportunities and career development activities.

## Master Level Internships

- Offers supervised practicum placements to students pursuing their Master of Social Work, Marriage and Family Therapy or related graduate level program.
- Extensive onboarding training and individual and group supervision provided by LCSWs, and LMFTs.
- A comprehensive range of weekly didactic sessions taught by seasoned clinicians, co-located UC Berkeley and Stanford University faculty, as well as indigenous healers. Weekly sessions emphasize cultural considerations of care for working with Latinx communities. Participate in mentorship opportunities and career development activities.

## Psychiatric Nurse Practitioner Internships

- First and second year psychiatric nurse practitioner trainees.
- Extensive onboarding training, individual and group supervision provided by LCSWs, LMFTs, Licensed Psychologists, a Board-Certified Psychiatrist, and a Psychiatric Mental Health Nurse Practitioner.
- A comprehensive range of weekly didactic sessions taught by seasoned clinicians, co-located UC Berkeley and Stanford University faculty, as well as indigenous healers.

# The La Clínica Behavioral Health Training Center

## Research Incubator

The LCBHTC works towards integrating clinical training with best treatment practices for the Latinx community. In addition, the Center engages in research projects which focus on practice improvement for our community. Samples of current research include:

- Psychiatry Improvement Protocols
- Community Health Workers and Behavioral Change
- Indigenous Healers incorporated into Complimentary Care Medical Services
- Cultural Adaptations of Evidence-Based Practices

## Center Staff

- Joseph Perales, L.C.S.W., DrPH, Specialty Behavioral Health
- Erica Gomes, L.C.S.W., Integrated Behavioral Health
- Mauricio Lask, PsyD., Integrated Behavioral Health
- Adeline Boye, PhD, Specialty Behavioral Health
- Megan Tan, M.D., Director of Psychiatric Training
- Aurora Ortiz, R.N., PMHNP, Psychiatric Mental Health Nursing
- Ricardo Lozano, M.D., M.S., Psychiatric Mental Health Nursing
- Peter Manoleas, L.C.S.W. Curriculum and Clinical Pedagogy
- Nancy Facher, L.C.S.W., MPH

## External Sources of Support

- [Alameda County Behavioral Healthcare Services Workforce Program](#)
- [Mentored Internship Program - Department of Health Care Services](#)
- [Contra Costa County Behavioral Health Workforce Development](#)

# Our Ongoing Commitment to Training and Clinical Supervision

## Our Clinical Leadership

We value high quality clinical care and are committed to providing ongoing support and training to our staff, both new and experienced. We provide individual supervision, group supervision, didactic training and 80 hours a year in education leave for Master's or Doctoral level clinicians.

### **Adeline Boye, PsyD**

Clinical Supervisor, *Casa de Luz*  
PsyD, Argosy University

Interests and expertise: Community Mental Health, Neuropsychology, Tortured Survivors, Art and Language

### **Erica Gomes, LCSW**

Clinical Director, Integrated Behavioral Health  
MSW, San Francisco State University

Interests and expertise: Integrated Behavioral Health, trauma, CBT, MI, DBT

### **Joseph Perales, DrPH, LCSW**

Clinical Director, *Casa del Sol*  
Director, Behavioral Health Training Center  
DrPH, University of Texas, Houston  
MSW, UC Berkeley

Interests and expertise: Community Health Workers in Mental Health Shortage Areas, Latinx Mental Health

### **Ricardo Lozano, MD**

Associate Medical Director, *Casa del Sol*  
School: University of Iowa  
Residency: Stanford University

Interests and expertise: Community Public Psychiatry, Mental Health Stigma



# Our Complete Supervisory Team

## **Manuel Arredondo, LCSW, MPH**

Integrated Behavioral Health  
MSW, San Jose State University  
MPH, University of San Francisco  
Interests and expertise: Harm Reduction, Trauma-Informed Care

## **Evelyn Duenas, LCSW**

*Casa del Sol*  
MSW, University of California at Berkeley  
Interests and expertise: Trauma, Children and Families, immigration, Latinx families

## **Efrain Michel, LCSW**

Integrated Behavioral Health  
MSW, Cal State East Bay  
Interests and expertise: Trauma Informed Care, Adolescents, School-based Health

## **Kaitlin Cruz, MFT**

*Cultura y Bienestar*  
MFT, Sonoma State University  
Interests And Expertise: Traditional Healing, Mindfulness-based CBT, Narrative Therapy

## **Aurora Ortiz**

*Casa del Sol*  
PMHNP, University of California, San Francisco  
Interests and Expertise: Integrative Mental Health, Child and Adolescent Mental Health

## **Peter Manoleas, LCSW**

*Casa del Sol*  
Adjunct Faculty, Stanford  
Emeritus Lecturer and Field Consultant, UC Berkeley  
Interests and expertise: Psychotherapy, substance use disorders

## **Michelle Maddex, LCSW**

Integrated Behavioral Health  
MSW, Boston College  
Interests and expertise: Newcomers, Trauma Informed Care, Narrative Therapy

## **Claudia Rosales, MFT**

*Casa del Sol*  
MFT, University of Phoenix  
Interests and expertise: Patients living with HIV, Crisis Stabilization, Severe and Persistent Mental Illness

## **P'Shana Bolden, LCSW**

*Casa del Sol*  
MSW, University of Michigan  
Interests and expertise: POC and under-resourced community care, trauma/trauma-informed care, Adolescents/TAY, Whole-person wellness, social justice

## **Mauricio Lask, PsyD**

Integrated Behavioral Health  
PsyD, California School of Professional Psychology/  
Alliant International University  
Interests and expertise: Chronic pain, psychological assessment, trauma.



# Growth, Development, & Opportunity

As we continue to expand, there are growth opportunities and many different paths toward your advancement in *La Clínica's* Behavioral Health Department. Here are some examples of how staff careers have changed or advanced:

- Clinician → “Lead”
- Case Manager → Therapist
- Administrative Assistant → Behavioral Health Recruiter
- Client → Peer Educator
- Grant Administrator → Operational Manager
- Intern → Clinician
- Clinician → Supervisor
- Clinician → Manager → Director
- Intern → Clinician → Manager → Director
- Clinicians changing programs or locations

## “What brought you to and keeps you at La Clínica?”

*I love working here – I feel like I’m part of something bigger. I love the team environment and how we all work together towards a similar cause. The workplace feels healthy and supportive. Even with moments of high stress, everyone is really approachable and willing to give an extra boost of motivation and encouragement.”*

**Javier, MSW**

Behavioral Health Clinician, *Casa del Sol*

# It Takes *Un Equipo* (A Team)

## Behavioral Health Leadership and Management

**Nancy Facher, LCSW, MPH**  
Chief of Behavioral Health

**Mistique Felton, MPH**  
Behavioral Health Grants and  
Operations Manager

**Elena Garcia, MS**  
IBH Manager

**Irma Ramirez**  
Casa del Sol Front Desk Supervisor

**Hannah Peters, MPH**  
Behavioral Health  
Projects Administrator

**Evelyn Riley**  
Behavioral Health Internship and  
Recruitment Coordinator

### **Making the Work Possible**

- Clinical Office Assistants
- Administrative Assistants
- Billers
- IBH Medical Assistants
- Behavioral Health Recruiter
- Contract Managers
- Fiscal Analysts
- Program Assistants



*"I love being part of a team of clinicians  
that care so deeply and so much into  
helping the community."*

**Marisa, LCSW**  
*Behavioral Health Clinician, Casa del Sol*



# Join Our Passionate and Professional Team!

When patients and clients come to La Clínica, they expect excellent care. When new employees come to La Clínica, they can expect an excellent career. La Clínica's vision is to be the premier community health center, rooted in the concepts of wellness, prevention and patient-centered care. In order to achieve our vision, we strive to attract an engaged workforce, which can help us provide the best care and the best experience.

We offer a robust benefits package:

- Paid Holidays, Vacation and Sick Leave
- Education Leave
- Medical and Dental Insurance
- Vision Discount Coverage
- 403B Retirement Plan
- Other Insurance: Life Insurance, Critical Illness, Short and Long-Term Disability Insurance, Pet Insurance, Travel Insurance
- Tax Savings: Health Spending, Flexible Spending, Commuter Spending, Dependent Care Spending Accounts
- Legal Shield and ID Shield

If you are interested in learning more, please email Alexandra Padilla: [apadilla@laclinica.org](mailto:apadilla@laclinica.org)

If you are interested in an internship, please email: [internships@laclinica.org](mailto:internships@laclinica.org)



# Support the Training of Behavioral Health Professionals and Programs

The **Leslie Preston Memorial Scholarship Fund** is established in the memory of Leslie Preston, LCSW, and her 19 years of service. As *La Clínica's* first Director of Behavioral Health, she demonstrated a deep commitment to the development of our future culturally responsive workforce. She was a strong advocate for improving state-wide policies that would better serve underserved populations. This fund provides support to graduate interns in our training program who face rising educational costs and student debt.

**To contribute to the Preston Fund** [click here](#).

Please direct your donation to: Leslie Preston Memorial Fund



# Commitment and Fulfillment

We develop clinical mastery and expertise, and we form deep, long-term relationships with families through the generations.

## More than 5 years in Behavioral Health at La Clínica:

- 35** Eugenia, Peer Educator, *Casa del Sol*
- 35** Peter, Board Member and Consultant
- 33** Cecilia, BH Clinician, *Casa del Sol*
- 24** Mariella, BH Clinician, *Casa del Sol*
- 21** Sheyla, BH Clinician, *Casa del Sol*
- 20** Alicia, Perinatal Case Manager, La Clínica Monument Medical
- 17** Joseph, Clinical Director and Director of Training, *Casa del Sol*
- 16** Bonnie, BH Clinician, *Casa del Sol*
- 16** Nancy, Director of BH
- 12** Aurora, Psychiatric Nurse Practitioner
- 11** Erica, Clinical Director, Integrated Behavioral health
- 11** Evelyn, BH Clinical Supervisor, *Casa del Sol*
- 11** Mistique, BH Operations Manager
- 10** Jeannette, IBH Clinician, Integrated Behavioral Health
- 11** Tita, Psychiatrist, *Casa del Sol*
- 11** Enrique, Peer Recovery Coach, *Casa del Sol*
- 10** Adeline, BH Supervisor, *Casa de Luz*
- 9** Irma, Clerical Supervisor, *Casa del Sol*
- 9** Lea, IBH Clinician, Integrated Behavioral Health
- 8** Michelle, BH Clinician, *Casa del Luz*
- 8** Claudia, BH Clinician, *Casa del Sol*
- 8** Magdalena, IBH Clinician, Integrated Behavioral Health
- 7** Chris, Quality Assurance Analyst, *Casa del Sol*
- 7** Lidia, BH Biller, *Casa del Sol*
- 7** Dora, BH Clinician, *Casa del Sol*
- 6** Brenda, Health Educator, *Cultura y Bienestar*
- 6** Elizabeth, IBH Clinician, Integrated Behavioral Health
- 6** Hermelinda, Health Educator, *Cultura y Bienestar*
- 5** Stefanie, BH Clinician, *Casa del Sol*
- 5** Stephanie, BH Biller, *Casa del Sol*
- 5** Chinua, Administrative Assistant Integrated Behavioral Health