



Zumba, Aerobics, Kickboxing, Pilates & Other Fitness Classes

The Carmen Flores Recreation Center
@ Josie de La Cruz Park
1637 Fruitvale Avenue, Oakland, CA
(510) 535-5631



Certified Instructor
Irma Hernandez



Daily Classes

Monday, Wednesday, Friday

12:30 p.m. - 1:30 p.m.

Tuesday, Thursday

8:40 a.m. - 9:40 a.m. &

5:30 p.m. - 6:30 p.m.



Cost per Class= \$3.00
(\$25.00 Monthly For Tuesdays and Thursdays
classes or \$30.00 Monthly for All classes 5 days a
week)

Join us to dance, burn calories,
get in shape and have a fun time!!

Everyone is welcomed!!