

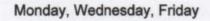
Zumba, Aerobics, Kickboxing, Pilates & Other Fitness Classes

The Carmen Flores Recreation Center @ Josie de La Cruz Park 1637 Fruitvale Avenue, Oakland, CA (510) 535-5631



Certified Instructor Irma Hernandez

Daily Classes

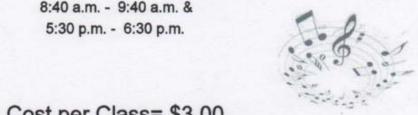


12:30 p.m. - 1:30 p.m.

Tuesday, Thursday

8:40 a.m. - 9:40 a.m. & 5:30 p.m. - 6:30 p.m.





Cost per Class= \$3.00 (\$25.00 Monthly For Tuesdays and Thursdays classes or \$30.00 Monthly for All classes 5 days a week)

> Join us to dance, burn calories, get in shape and have a fun time!!

> Everyone is welcomed!!