

# HEALTHY PEOPLEHEALTHY COMMUNITIES



**2016 ANNUAL REPORT** 



The mission of La Clínica de La Raza is to improve the quality of life of the diverse communities we serve by providing culturally appropriate, high quality, and accessible health care for all.

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# HEALTH STARTS IN THE COMMUNITY

What if you knew that some individuals die more than 10 years earlier than others who live just a few miles away because of differences in education, employment, housing, safety, food, and health care? There is growing recognition that social and economic dynamics strongly impact an



individual's health. Providing health care for all isn't enough — our wellbeing is shaped by our homes, schools, workplaces, neighborhoods and communities.

Our Bay Area communities are characterized by indisputable disparities in wellness based on race, ethnicity, geography and socio-economic status. Policies and practices related to early childhood development, transportation, food, and economic support all have impacts on long-term health. There is increasing acknowledgement in the medical discourse that health care must be connected and integrated with the larger ecosystem of social supports and services that impact human health.

La Clínica was founded nearly 46 years ago specifically to address the unique challenges of marginalized communities. Our work has been guided by a constant awareness of the underlying environmental and socioeconomic factors that influence health outcomes. This has led us to create strong, strategic partnerships with a variety of other social service providers and community stakeholders, allowing us to aptly advise and refer patients in need, as well as work with likeminded organizations to promote policies for health equity. For many medical organizations, recognition of the social determinants of health represents a philosophical shift; for La Clínica, this is simply an acknowledgement of the best practices we have employed for decades.

Millions of vulnerable Americans gained insurance coverage through the Affordable Care Act. However,

insurance alone is not enough to achieve health equity if communities are still at increased risk due to poor air and water quality, have difficulty accessing quality food and affordable housing, or experience poverty-related stresses, traumas and other challenges. Let us recognize that our health is determined in part by access to social and economic opportunities. Let us recognize the hard truth that, today, where one lives determines how long one lives. The evolving social fabric of our communities presents an undeniable call to action to work together to correct these injustices.

We welcome any paradigm that acknowledges the realities we have known since 1971; a paradigm that recognizes that health is not only determined by access to medical care but by the feeling that one has a place in society, that one has a support system, and that one is valued.

We appreciate the generosity of our donors and supporters, and we remain steadfast in our commitment to service excellence, undeterred in our focus on creating and supporting healthy communities.

Together, we can! ¡Sí, se puede!

- Marie

Jane García, La Clínica CEO

# **HIGHLIGHTS OF 2016**



## "JUST HEALTH" MEDICAL-LEGAL PARTNERSHIP LAUNCH

For over 20 years, La Clínica has provided culturally responsive services to Alameda County students at our School-Based Health Centers (SBHCs), which are comprehensive, youth-focused health centers operating on or adjacent to school campuses. In response to identified community need, La Clínica has established a Medical-Legal Partnership with East Bay Community Law Center with the purpose of identifying and addressing harmful social determinants of health through collaboration with onsite legal services. Building from a successful pilot, the Just Health Project expands access to legal services for youth and families served by La Clínica SBHCs. Through leveraging relationships with patients and partnerships with schools, the Just Health Expansion Project will serve 750 families by the end of the grant period with medical and legal services aimed at improving health and social outcomes for low-income youth.



## ALL THAT JAZZ (AND SUSH!) — 45TH ANNIVERSARY GALA

This year marked our 45th Anniversary and celebration of work in the community. For the past ten years this event has taken place at Yoshi's Jazz Club & Japanese Restaurant in Oakland, a lively ambiance for our employees, donors, and community members to come together and celebrate the accomplishments of La Clínica de La Raza. The event is an opportunity for friends of La Clínica de La Raza to learn about the highlights and successes of our year as well as new projects and programs. This year, we chose to highlight our dental clinic at UCSF Benioff Children's Hospital in Oakland and the great work being done there with children who have special healthcare needs. Through the support and generous investments of our guests and sponsors, we were able to raise \$83,170 at the event alone and \$311,205 overall. We thank all of our sponsors and everyone who helped to make the evening such a great success.



## **COMMUNITY HEALING CIRCLE**

Staff and Fruitvale community members took part in a healing circle led by Dr. Ricardo Carillo and others from our Cultura y Bienestar program. The circle gave us all an opportunity to process and be cleansed of negative energy from the tragedies that had befallen us as a community — the Ghost Ship fire and other incidents — as well as any personal traumas. It gave us an opportunity to come together as a family, voice and share our grief, and release it so we could enter the new year with light and joy in our hearts. Several community members joined the staff for this event, including several who had lost loved ones at the Ghost Ship fire. The ceremony took place in the plaza near the Transit Village clinic, and the program included a brief welcome by Jane García, the creation of ceremonial space where participants could release pain or negative energy they may have endured, followed by communal drumming.



## LA CLÍNICA JULIAN R. DAVIS OPENS FOR BUSINESS

La Clínica officially welcomed our newest clinical site into our growing family, La Clínica Julian R. Davis Pediatrics. Located in a converted two-story house at 5461 Foothill Boulevard, the addition of the Davis Pediatrics site is helping La Clínica expand its presence in East Oakland and has brought us to 34 service delivery sites agency-wide. After a long and highly successful career, Dr. Davis recently decided to begin thinking about retiring. He reached out to La Clínica about transferring his private practice into a La Clínica site, and in the subsequent months Dr. Davis and La Clínica partnered to ensure that Dr. Davis' numerous patients - many of whom are Medi-Cal recipients - will be able to continue receiving high quality, culturally competent care by transferring the practice into a La Clínica service site. We are grateful for the trust Dr. Davis has placed in us, and look forward to continuing the long tradition of high-quality care at this clinic site.

# SOCIAL DETERMINANTS OF HEALTH

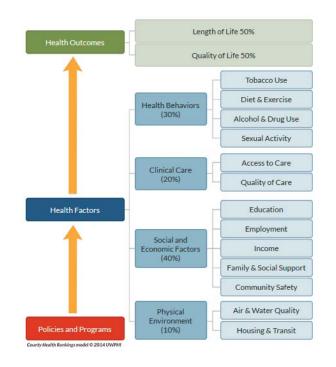
It has been said that your ZIP code may be more important for your health than your genetic code. This is because factors known as the social determinants of health (such as housing, education, job opportunities, child care, and transportation) can greatly influence your chances of becoming sick and dying early.

The mission of La Clínica de La Raza is to improve the quality of life of diverse communities we serve by providing culturally appropriate, high quality accessible health care for all. La Clínica has provided health services to underserved communities since 1971 and currently serves residents of Alameda, Contra Costa and Solano Counties.

But health care delivery drives only 20 percent of health outcomes, with behavioral and social determinants playing a much bigger role in overall health. The growing recognition among policymakers that integrating health care with social supports and services is critical to improving broad population health, advancing health equity, and reducing health care spending.

At La Clínica, we believe that your address should not limit your opportunities to be healthy. That is why the social determinants of health have been an everpresent theme in the approach and delivery of our services since the beginning. Our team of clinicians, social workers, behavioral health specialists and outreach workers go beyond traditional medical care and reach out to the community in ways that impact the social determinants of health for the many families we serve.

La Clínica has long recognized the connections between poverty, place, and health and is at the forefront of the growing movement that is tackling these issues in innovative ways by connecting two sectors—community development and health. Until now, these sectors have worked in relative isolation



from each other. As community development has placed more emphasis on people and as the health sector has increasingly recognized the importance of place, these sectors have come further into alignment.

This annual report highlights La Clínica's programs and initiatives that connect the dots between neighborhood conditions and health to meet the unique needs of lowincome communities and to improve the lives of the people living in them. Building on this momentum, we intend to leverage decades of research and work to forge connections and continue to hone the comprehensive approaches necessary to address the challenging, complex, and interconnected issues of reducing poverty, stabilizing communities, and improving health for all.



Service access is critical to health outcomes, particularly for lowincome members of the community with chronic health conditions. When lack of transportation or inability to access services impedes medical treatment, these conditions can be exacerbated and lead to increased use of emergency medical services.

PLACE MATTERS VALLEJO HEALTH CENTER

This is why our proposed new facility in Vallejo will consolidate two clinics into one health center, with expanded capacity, located downtown near other services our patients need. La Clínica's Vallejo health center will be a model in incorporating social determinants of health into clinical care to effectively engage with the needs of vulnerable patients.

My doctor has been amazing even as I've struggled with my health. I know people in our community who don't receive care because they can't get to the facility.



-MAMIE DAVID

The REACH Ashland Youth Center brings together multiple agencies, including La Clínica's Fuente Wellness Center, in one readily accessible location to work with the population in their own neighborhoods and to effectively address the social determinants of health.

The multi-agency staff is available to help youth with their many needs and concerns. The center includes an array of resources in addition to health services, from work training to cooking classes to a music recording studio. REACH is an integral part of the La Clínica de La Raza's network of community-centered care that builds relationships among different stakeholders and enables partners to improve health and social outcomes for youth and young adults.



I am 15 and until recently I was living on the streets. La Clínica has given me the chance to have a place that is safe and to help me grow as a person.

-QUENTIN TORRES





PLACE MATTERS | FRUITVALE VILLAGE

In 2003, La Clínica opened a state-of-the-art clinic inside Fruitvale Transit Village to serve a client base that overlaps with that of the Senior Center, Head Start, Farmers Market, and BART station, all located in the same complex.

The impact of co-location with other vital services has meant confronting the social determinants at the root of poor health and engaging community stakeholders who are well positioned to drive change. Beyond designed to improve health outcomes, these efforts are poised to save the county millions in medical care spending. La Clínica has provided many services for me and my family. I don't drive so having everything in one place has made it possible for me to build a life here. I know that if the services and resources from La Clínica were not so conveniently located to my home, I wouldn't have the same quality of life or health.

-LIDIA ALEJANDRE



# **FINANCIAL REPORT**

less provision for uncollectable accounts	\$	58,161,019
Capitation		6,555,249
Grants		27,042,448
In-Kind		1,605,434
Other		4,447,597
Total	+	97,811,747

EXPENDITURES – 2016	
Program Services	\$ 86,666,951
Support Services	10,866,879
Total Expenditures	\$ 97,533,830
Excess of Revenue over Expenses	\$ 277,917
OTHER INCOME	
Investment Return	267,503
NET ASSETS	
Change in Net Assets	545,420
Net Assets, beginning of year	41,710,208
Net Assets, end of year	\$ 42,255,628

## LA CLÍNICA AT A GLANCE

PATIENTS SERVED	PATIENTS*	VISITS
Medical	61,259	195,781
Dental	32,992	103,118
Vision	9,960	13,391
Mental Health	7,697	25,011
Health Education/ Preventive Medicine	7,110	24,400
Total Number of		

84,887

361,701

\*Many patients access multiple services

**Patients and Visits** 

PERCENT OF TOTAL PATIENTS BY POVERTY LEVEL	
<100%	31%
101–150%	11%
151–200%	5%
>200%	2%
Unknown	51%

### PERCENT OF TOTAL PATIENTS BY RACE AND ETHNICITY

American Indian	<1%
Asian/Pacific Islander	9%
Black	11%
Latino	64%
White	10%
Multiple	1%
Unreported	4%

PERCENT OF TOTAL P BY GENDER	ATIENTS
Female	59%
Male	41%
PERCENT OF TOTAL BY AGE	PATIENTS
0–12	33%
13–19	14%
20–64	47%

6%

## PERCENT OF PATIENTS BY PAYOR SOURCE

65+

Uninsured	24%
Medi-Cal	66%
Medicare	4%
Private Insurance	5%
Other	1%

## **EVERY GIFT MATTERS ANNUAL GIVING 2016**

We thank the following individuals, corporations, organizations and foundations for their generous support during 2016.

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We are grateful for the generous support received from the Government, Foundation and Corporate community for funding important La Clínica de La Raza programs and services in 2016.

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## MEETING PATIENTS WHERE THEY ARE: OUR LOCATIONS

- 1. La Clínica de La Raza (Fruitvale Village)
- 2. La Clínica de La Raza Fruitvale Dental
- **3.** Community Health Education (Adult)
- **4.** Community Health Education (Youth)
- 5. La Clínica de La Raza — WIC Program
- 6. La Clínica Dental at Children's Hospital Oakland
- 7. Family Optical
- 8. Casa del Sol
- 9. Casa del Sol II\*
- 10. Casa del Sol III
- **11.** Clínica Alta Vista
- **12.** San Antonio Neighborhood Health Center
- **13.** Hawthorne Elementary School-Based (Health) Center
- 14. Oakland Technical High School-Based Health Center (TechniClinic)
- **15.** Fremont High School-Based Health Center (Tiger Health Clinic)
- **16.** Havenscourt Health Center
- 17. San Lorenzo High (School-Based) Health Center
- 18. Roosevelt (Middle
- \* no direct health services/administration only

School-Based) Health Center

- **19.** La Clínica Pittsburg Medical
- **20.** La Clínica Pittsburg Dental
- 21. La Clínica Oakley
- **22.** La Clínica Monument
- 23. Dental Care Mobile, a Contra Costa Collaborative
- **24.** La Clínica Vallejo
- **25.** La Clínica Vallejo Dental
- **26.** La Clínica Vallejo Great Beginnings
- 27. La Clínica Vallejo Great Beginnings Support Services
- **28.** La Clínica North Vallejo
- 29. La Clínica North Vallejo Administrative and Support Services\*
- 30. La Clínica North Vallejo/Great Beginnings Administrative and Support Services\*
- **31.** Youth Heart Health Center
- **32.** Fuente Wellness Center
- **33.** La Clínica Julian R. Davis Pediatrics
- **34.** La Clínica Dental at Elsa Widenmann Health Center



## **OUR SERVICES INCLUDE**

Adolescent Services Behavioral Health Case Management Dental Health and Nutrition Education Laboratory Medical Pediatric Services

Pharmacy Prenatal and Postnatal Care Preventive Medicine Radiology Referral Services Vision and Eye Care Women's Health WIC





La Clínica de La Raza, Inc. | P.O. Box 22210, Oakland, CA 94623-2210 | Tel: 510-535-4000 | Fax: 510-535-4189 Administration Offices: 1450 Fruitvale Ave, 3rd Floor, Oakland, CA 94601 www.laclinica.org

Please contact Director of Development and Communications, Amy DeBower, to learn the various ways you can invest in La Clínica. 510-535-2911 or adebower@laclinica.org